

Fasting & Prayer Guide

WEEK THREE

14 Jan 2024 to 20 Jan 2024

1
Day

YAHWEH



- Exodus 3:14-15
- Psalms 46:1

Yahweh comes from a Hebrew word meaning *'to be'* or *'to exist'*. It signifies God as **'the Self-Existing One'**, the One who never came into being, the One who always will be.

Read Exodus 3:14-15

Yahweh, is the One who saw Israel's oppression, heard their cries, know their sorrows and appointed Moses to deliver them from the Egyptians. He is One who is always near, intervening in history on behalf of His people.

Read Psalms 46:1

God wants us to know that He is always there. He is always present and accessible when we call on Him for every need. God's name is **I AM**.



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1
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YAHWEH



- Exodus 3:14-15
- Psalms 46:1



Reflection

- Think about a situation or situations you are facing and compare it to Yahweh. Pray Proverbs 3:26 over your situation or situations.
- Pray for PCC: Pray against all strife and confusion.
- Declare your trust in the Yahweh who is your everlasting strength. Isaiah 26:4

End with a time of worship:

Hosanna

<https://www.youtube.com/watch?v=5TEZNc2RpPk>



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2
Day

Jehovah Tsidkenu



- Jeremiah 23:6
- Romans 3:21-22

Read Jeremiah 23:6 The Lord our Righteousness

The Hebrew word Tsedeq is usually translated righteousness. Righteousness means to be in right standing with God. We know that none of us qualify to stand before God. Israel tried to achieve this right standing on their own but they failed.

Read Romans 3:21-22

Only The Lord our Righteousness can make all men righteous, those who believe in Him. We can never make ourselves righteous. He is our Righteousness.



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2
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Jehovah Tsidkenu



- Jeremiah 23:6
- Romans 3:21-22



Reflection:

- Are you like the Galatians (Galatians 3:3)? Having started your relationship with God by faith and then subtly tried to earn your standing before God?
- Thank God for giving you His own righteousness so that you can stand before Him without guilt, shame, condemnation or even inferiority.
- Pray for your family members and friends who have yet to put their trust in Jesus, our Righteousness.

End with a time of worship:

Lord I Need You

<https://www.youtube.com/watch?v=skAdCyew2B8>



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3
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Yahweh Tsabbaoth: The Lord of Hosts



- 1 Samuel 17:45
- 2 Kings 6:17
- Psalms 46:10-11

Yahweh Tsabbaoth is a title of great power. It speaks of the sovereignty of God over all the powers of the universe.

Read 1 Samuel 17:45

David understood the greatness of God when he went against Goliath with five stones and a sling. David saw the Lord of Hosts and charged at the giant.

Read 2 Kings 6:17

Elisha's servant was afraid when he saw the army of the King of Aram but when his spiritual eyes were opened, he saw another army protecting the man of God.

Read Psalms 46:10-11



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Yahweh Tsabbaoth: The Lord of Hosts



- 1 Samuel 17:45
- 2 Kings 6:17
- Psalms 46:10-11



Reflection:

- Ask God to open your eyes to see only the Lord of Hosts like David and Elisha's servant. See your 'giants' in the light of how great the Lord is.
- Ask God to help you to know that He is God. See Him above all the nations.
- Pray for the nations of the world as the Lord leads you.

End with a time of worship:

The Battle Belongs to the Lord

<https://www.youtube.com/watch?v=ir-XbtrgcRk>



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Jehovah Shalom: The Lord is Peace



- Isaiah 9:6
- Judges 6:23-24
- John 14:27

Read Isaiah 9:6

Shalom is completeness, a soundness of soul and spirit, that comes from living in harmony with God. This peace or shalom comes from knowing God and His Son, who is the Prince of Peace.

Read Judges 6:23-24

Israel was living in the Promised land but not enjoying the promised blessings because of their disobedience to God. They were being oppressed by the enemies. Even Gideon was hiding from the enemy. He questioned why their condition was so. God's answer was **'The Lord is Peace.'** Shalom is found only in a right relationship with God. God reminds us that only He gives true peace.

Read John 14:27

Jesus came to bring peace between God and man.



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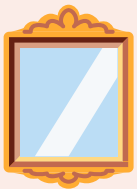
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Jehovah Shalom: The Lord is Peace



- Isaiah 9:6
- Judges 6:23-24
- John 14:27



Reflection:

- Make a list of the following:
 - What turmoil and chaos are you facing in your family, work and church?
 - What is troubling you at this moment?
 - What are you anxious about?
- Use the following scriptures to pray about your list:
Philippians 4:6,7 and Isaiah 26:3

End with a time of worship:

Be Still and Know

<https://www.youtube.com/watch?v=B0oVJIEEuVs>



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5
Day

Jehovah Shammah: The Lord is there



- Ezekiel 48:35
- Hebrews 13:5

Read Ezekiel 48:35

In the closing chapters of Ezekiel, the prophet describes what God told him in vision about this coming restoration of the land, the city, and the temple. The final words of Ezekiel are these: “And the name of the city from that day shall be: **THE LORD IS THERE** [Jehovah Shammah]” (Ezekiel 48:35).

That name, Jehovah Shammah, would have special meaning for the Jewish exiles. They felt forsaken in Babylon and cut off from God. But in this glorious city of promise - THE LORD IS THERE!

Read Hebrews 13:5; Matthew 28:20

Like the Israelites, we have the promise of a glorious city where we will live with God. He will be there. He will be our God, and we will be His people. He is the God who is always there. God is there for us today as well. But God promises never to leave us or forsake us. He is Jehovah Shammah. Jesus promised His disciples, “I am with you always, even to the end of the age”.



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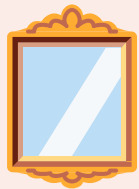
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5
Day

Jehovah Shammah: The Lord is there



- Ezekiel 48:35
- Hebrews 13:5



Reflection:

- The Bible continually emphasizes the fact that God is always there for us—it's as if He wants to make sure we don't forget! Wherever we are, whatever our circumstances or our need **GOD IS THERE**. He is Jehovah Shammah.
 - Psalm 46:1, 2, 7
 - Psalm 34:4, 6, 7, 10
- Pray for unity and genuine love in PCC where there is genuine fellowship and true community.

End with a time of worship:

I want to be where You are

<https://www.youtube.com/watch?v=BHSrs46vn-c>



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Jehovah Rapha: The Lord who heals me



- Exodus 15:26
- Isaiah 53:4-5

Read Exodus 15:26

In Hebrew, rapha means “to heal.” So Jehovah Rapha means “the Lord who heals.”. Besides its basic meaning of “to heal,” the word, rapha, can mean, “to restore,” or “to mend.” So Jehovah Rapha can mean “the Lord who restores,” or “the Lord who fixes broken things”. Though it often refers to physical healing, it also means that God is the Healer of the mind, the soul and spirit.



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Jehovah Rapha: The Lord who heals me



- Exodus 15:26
- Isaiah 53:4-5

Read Ps 147:2,3; 23:3; 103:2,3,5; Jer 33:6

God promised to bring healing and restoration to His people if they would be faithful to Him. This promise is repeated throughout the OT.

Read Matthew 8:17; Mark 2:17

In the NT, Jesus is Jehovah Rapha - the God who heals, the God who fixes broken things, calling those who are sick spiritually to repentance.



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Jehovah Rapha: The Lord who heals me



- Exodus 15:26
- Isaiah 53:4-5



Reflection:

- God's healing touch deals with much more than physical sickness. "The God who heals" restores us physically, spiritually, and emotionally. We can call on Jehovah Rapha today; He is still ready to fix whatever is broken in our lives.
- If there is something in your life that needs healing, you can come to Him with the words of Jeremiah 17:14 - "Heal me, O Lord, and I shall be healed; save me, and I shall be saved, for You are my praise."

End with a time of worship:

I am the Lord that healeth thee

<https://www.youtube.com/watch?v=j2CwvOpc4R4>



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7
Day

Jehovah Jireh: The Lord will Provide



- Genesis 22
- John 3:16
- Romans 8:32

Read Genesis 22

“Jehovah Jireh” appears only once in the entire Bible - in Genesis 22:14. It means “God provides.” Genesis 22 tells a well-known story involving Abraham, his son, Isaac, and God.

The Hebrew word, jireh, means not only “to provide;” it also means “to perceive,” “to experience.” Our Lord is the “God Who Provides,” because He is “God Who Perceives” our needs - the “God Who Experiences” what we are experiencing.

Read John 3:16; Romans 8:32

God has provided for our eternal salvation by giving the greatest gift - His Son - to die for our sins. Paul says, having given the greatest possible gift, God will surely also freely provide for all our needs.



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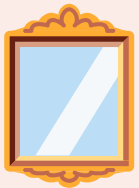
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7
Day

Jehovah Jireh: The Lord will Provide.



- Genesis 22
- John 3:16
- Romans 8:32



Reflection:

- Our greatest human need, is for salvation - forgiveness of our sins and eternal life. The story of Abraham offering Isaac in Genesis 22 is a preview of the salvation God has provided us in the great sacrifice of His Son on the cross. Thank Him for His provision.
- He knows and sees what you need, and He will provide. He is Jehovah Jireh. Pray for your personal needs - physical, emotional or spiritual.

End with a time of worship:

Jehovah Jireh

https://www.youtube.com/watch?v=fCsH_TtZReY

